

# FREE FAMILY CYCLING SAFETY COURSE

## SATURDAY SEPTEMBER 30 1-4PM



HUB Cycling is running a FREE cycling safety course for Maple Ridge students and their families this fall! This course includes on-bike skills training and a neighbourhood road ride.

Taught by certified cycling instructors, families will learn road safety skills and build confidence to ride together. **Registration is required** at

<http://bit.ly/MapleRidgeFamilyCycling>



**Where:** Hammond Elementary

**When:** 1:00PM to 4:00PM

**Saturday September 30**

**BRING YOUR OWN** working bike  
and helmet



**Corporate Wellness**

